

Five Days of Meditation for a Lifetime of Grace

Awaken Your Divine Energy in the Blue Ridge Mountains

Join Meditation Master Kambiz Naficy
for an interactive experience of yoga,
meditation and uplifting talks.



[Click here for your invitation](#)



kambiznaficy.com

Touch Your Soul

Come to Seven Oaks to release your stress and anxiety and experience deep sleep.

In this 5 day immersion, Kambiz Naficy awakens a divine spiritual energy in your body.

Strengthen your body and immune system through twice-daily yoga sessions.

Guided ancient Kriya Yoga breathing meditations take you into effortless states of serenity, bliss and clarity.

Soak in one hundred thirty acres of luscious nature with like-minded souls.

Through the spiritual talks learn the spiritual secrets of lasting happiness.

[Click here for daily schedule.](#)



Aerial photo of meditation hall

Heal with Nature at Seven Oaks

[Click here for a video tour.](#) 

- Blue Ridge Mountain views
- 130 natural acres
- Over 5 miles of walking trails
- Labyrinth
- Forest sanctuary
- Sand-lined bonfire circle
- Medicine wheel
- Turtle and frog pond
- Hammocks for relaxation
- 1200 feet on the Rapidan River

[Click here for testimonials.](#)

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Limited space. Reserve your spot for \$250.

Dates and cost:

Friday, February 25th - Wednesday, March 2nd.

Five-Day Retreat

\$1,798

Includes tuition, room, & meals

Weekend Only Retreat

\$980

Includes tuition, room, & meals

Please contact us with any questions.

Contact us: (786) 565-2195
(404) 784-3180

Email: Joyoflife.international@gmail.com
Website: kambiznaficy.com

Due to limited space we ask that you guarantee your room and board, with a \$250 deposit. This security deposit will be deducted from your total program fees. When we receive your deposit of \$250, we will send you a payment link for the balance.

Reserve Your Spot for the 5-Day In-Person Event

Pay Deposit

Join us online



Register for 5-Day Online Retreat \$1,000

REGISTER NOW



**SEVENOAKS
RETREAT CENTER**

www.sevenoaksretreat.org

Click for photo gallery

Joy of Life Retreat

Check-in begins at noon on Friday, February 25th.

Final departure for 5-day-program participants is 2pm on Wednesday, March 2nd.

To arrange for pick-up/drop-off from Charlottesville Airport, please contact **Teresa Seaberry at 540-672-8002** at least ten days in advance. The fee is \$50 each way. Her services are offered between 9 am and 8 pm.

Please coordinate your flight schedules with Joy of Life.

Rental cars: Major rental car companies are located at the Charlottesville Airport (CHO) which is 30 minutes (25 miles) from Seven Oaks Retreat Center.

403 Pathwork Way, Madison, VA 22727
540-948-6544

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