

Touch Your Soul

Come to Seven Oaks to release your stress and anxiety and experience deep sleep.

In this 5 day immersion, Kambiz Naficy awakens a divine spiritual energy in your body.

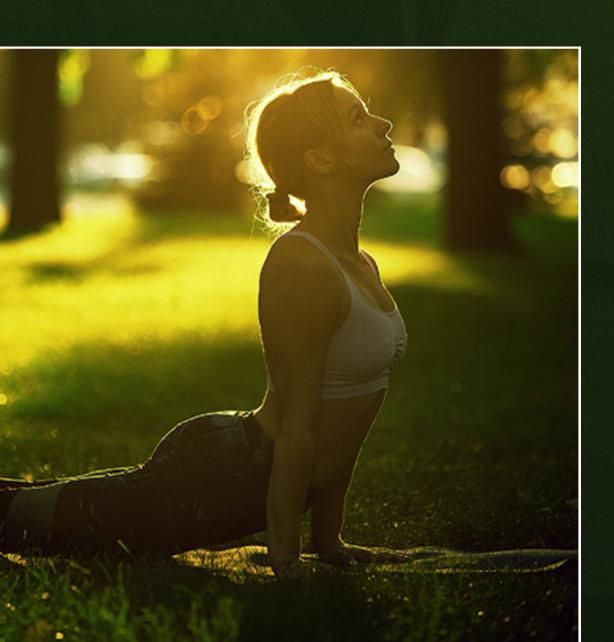
Strengthen your body and immune system through twice-daily yoga sessions.

Guided ancient Kriya Yoga breathing meditations take you into effortless states of serenity, bliss and clarity.

Soak in one hundred thirty acres of luscious nature with like-minded souls.

Through the spiritual talks learn the spiritual secrets of lasting happiness.

Click here for daily schedule.





Aerial photo of meditation hall

Heal with Nature at Seven Oaks

Click here for a video tour.



- Blue Ridge Mountain views
- 130 natural acres
- Over 5 miles of walking trails
- Labyrinth
- Forest sanctuary
- Sand-lined bonfire circle
- Medicine wheel
- Turtle and frog pond
- Hammocks for relaxation
- 1200 feet on the Rapidan River

Click here for testimonials.

kambiznaficy.com



Limited space. Reserve your spot for \$250.



Dates and cost:

Friday, February 25th - Wednesday, March 2nd.

Five-Day Retreat \$1,798

Includes tuition, room, & meals

Weekend Only Retreat \$980

Includes tuition, room, & meals

Please contact us with any questions.

Contact us: (786) 565-2195 (404) 784-3180

Email: Joyoflife.international@gmail.com

Website: kambiznaficy.com

Due to limited space we ask that you guarantee your room and board, with a \$250 deposit. This security deposit will be deducted from your total program fees. When we receive your deposit of \$250, we will send you a payment link for the balance.

Reserve Your Spot for the 5-Day In-Person Event

Pay Deposit

Join us online



Register for 5-Day Online Retreat \$1,000

REGISTER NOW



Joy of Life Retreat

Check-in begins at noon on Friday, February 25th.

Final departure for 5-day-program participants is 2pm on Wednesday, March 2nd.

To arrange for pick-up/drop-off from Charlottesville Airport, please contact **Teresa Seaberry at 540-672-8002** at least ten days in advance. The fee is \$50 each way. Her services are offered between 9 am and 8 pm.

Please coordinate your flight schedules with Joy of Life.

Rental cars: Major rental car companies are located at the Charlottesville Airport (CHO) which is 30 minutes (25 miles) from Seven Oaks Retreat Center.

403 Pathwork Way, Madison, VA 22727 540-948-6544

www.sevenoaksretreat.org



kambiznaficy.com







